

# Lice Treatment Checklist



## My child has LICE....What should I do?

- Buy desired Lice/Nit removal treatment product
- Explain to child what you are going to do in words they will understand
- Get a fine tooth comb or flea comb
- Remove any tangles or knots in child's hair
- Follow directions for lice treatment product and treat hair
- Make child comfortable for hair combing (allow child to read or watch tv/movie)
- Section hair and comb sections with fine tooth comb from scalp to end of hair 4-5 times
- Continue with each section of hair
- Rinse hair if required by treatment
- Clean the comb in hot water
- Vacuum floors and fabric-covered furniture
- Place bedding and stuffed animals in dryer on high heat for 20 minutes (if object cannot stand high heat or vacuuming, place in sealed trash bag for 2 weeks)
- Comb hair each night for one week

Call your child's pediatrician if you still need help after following these treatment steps.



# Common Products for Lice Treatment

Always refer to product labels or talk to a healthcare provider for additional information, as there are side effects and age and use restrictions with these treatments.

Product / Cost / Website	Product / Cost / Website
 <p>The Nuvo® Method for Head Lice Using Cetaphil® Cleanser Costs about \$10 <a href="https://nuvoforheadlice.com">https://nuvoforheadlice.com</a></p>	 <p>LiceMD® Treatment Gel OTC* Costs about \$10</p>
 <p>Permethrin (Nix®) OTC* Costs about \$10 <a href="http://www.nixlice.com">www.nixlice.com</a></p>	 <p>Pyrethrin + Piperonyl Butoxide (Rid®) OTC* Costs about \$15 <a href="http://www.ridlice.com">www.ridlice.com</a></p>
 <p>Benzyl alcohol 5% lotion (Ulesfia®) Prescription** only Costs about \$250 <a href="http://www.cerecor.com/products/prescription-medications">www.cerecor.com/products/prescription-medications</a></p>	 <p>Malathion (Ovide®) Prescription** only Costs about \$85 <a href="http://www.taro.com/usa-rx-product-details/621/Malathion-Lotion,-USP">www.taro.com/usa-rx-product-details/621/Malathion-Lotion,-USP</a></p>
 <p>Spinosad (Natroba™) Prescription** only Costs about \$120 <a href="http://www.natroba.com">www.natroba.com</a></p>	 <p>Ivermectin 5% lotion (Sklice®) Prescription** only Costs about \$350 <a href="http://www.sklice.com">www.sklice.com</a></p>

**No clinical evidence to support elimination of head lice with the following:** Essential Oils, Petrolatum Shampoo, Mayonnaise, Butter/Margarine, Herbal Oils, Olive Oils, Gasoline, Kerosene, WD-40, Acetone, Bleach.

\*Prices subject to change.

\*\*Pricing may vary depending on insurance carrier.

